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Chesapeake, VA 23320

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Virginia Beach, VA 23451

Prior to your initial visit with us, we highly recommend the following to help us provide you with the best care and service possible:

- Completing your paperwork online prior to your appointment. If not completed, we may not be able to guarantee treatment the same day, as a certain time is allotted for every appointment.
- Please bring any paperwork given to you by your general dentist (x-rays, referral, etc.)
- Driver's license and dental insurance card
- List of current prescription medications
- Continue taking all medications for blood pressure, diabetes, thyroid, and any other conditions as recommended by your physician. Contact our office if you are uncertain if you should take a medication.
- Please refrain from taking any pain medication 8 hours prior to your appointment (including over the counter pain medication)
- If your physician or dentist has advised you to take antibiotic premedication due to an ongoing medical condition, such as mitral valve prolapse, heart murmur, joint replacements, cardiac, or other prosthesis, or if you have rheumatic heart disease, please be sure you are on the appropriate antibiotic on the day of your appointment. Contact our office if you have questions about taking your prescribed medications.
- Please do not take any anti-anxiety medication before your appointment unless discussed with one of our providers.
- If the patient is under 18, a parent or legal guardian must accompany them to their appointment.